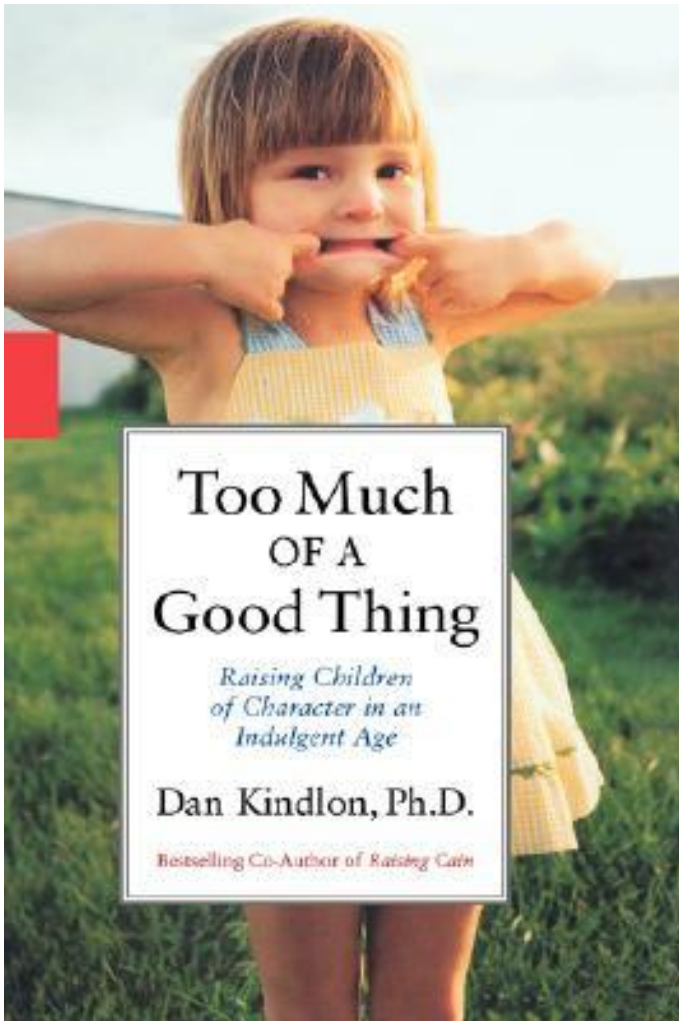


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**Dan Kindlon**

**Too Much of a Good Thing: Raising Children of Character in an Indulgent Age**



Title: Too Much of a Good Thing: Raising Children of Character in an Indulgent Age

Author: Dan Kindlon

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## Description

More and more children are growing up without a clear sense of financial or emotional limits. The number of households with incomes between \$100,000 and \$200,000 more than doubled in the last ten years. The Washington Post recently reported findings from U.S. Bancorp that even lower-income families are buying and spending more than ever on their children. But whether the cause is over-indulgence due to a new affluence or over-compensation for a lack of time spent with them especially when both parents are working many parents have created a world where their children's every need and desire is instantly fulfilled. But, as Dr. Kindlon points out, the one thing money can't buy for children is character. Dr. Kindlon shows that many of today's parents are spoiling their children, for many different reasons. Identifying Seven Sins of Indulgence: Disrespectfulness, Goal-lessness, Narcissism, Naivety, Amoralism, Inability to Tolerate Boredom, and Underachievement, Dr. Kindlon guides parents toward helping their children and themselves understand the consequences of giving too much and expecting too little. Of vital interest, both to families and to all concerned about future consequences to a generation of children surrounded by a sea of new choices and a lack of responsibilities, *Too Much of a Good Thing* delivers important advice and guidelines that no parent should be without.

## Insightful reviews

Vivian Thomas: Liked: I really liked his idea of not going overboard in protecting our kids from feeling like 'dorks' (I don't remember his exact wording). He points out that some very successful people felt this way as children and it was partially their skills used to get through it that helped them become successful. I also liked his study to find the commonalities between the well-adjusted kids. One thing he found was - their families ate dinner together most nights during the week. Interesting.

Did not like: He works at a high school, so a lot of his anecdotes were from the teens and they were not particularly applicable to my situation yet.

Danielle: This book highlights study results of teenagers regarding expectations (being spoiled), anger, drive, lack of motivation, eating disorders, self control and being spoiled. It boils down to children being at risk of low self-esteem and succumbing to the above issues if parents are not around, setting limits or throwing money at the problem. This book is geared to very affluent families (that make more than \$100,000/yr - millions) and the problems that come with focusing on money and things. There were a few gems that spoke to me in the book, but it was mostly just validating what I already felt about good/bad parenting.

Clint: Great book! I love how Dan Kindlon uses the 7 deadly sins as a template for the 7 syndromes that we need to watch out for in ourselves and our kids. I like that he has written this book with survey data to back up the text instead of just one man's opinion. As a teacher and a member of society, I all too often see parents playing the role of their kids best friend instead of the parent role, all because they think that is the only way their kids will truly love them. Having spent some time working with emotional disturbed children in a treatment home, I can honestly say that children will respect and love someone more when the parent is consistent, sets limits,

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is not afraid to tell them no, and actually care to let their child get their feelings hurt. Why? because when push comes to shove, a child will know that when someone stands firm and not give in all the time, then that child will also know that that parent cares and loves them and will do anything to protect them.

Many will say that this book is common sense. I would agree, but I think we live in a high-speed society that common sense is overlooked because it actually takes some time and effort to use common sense, because there isn't an app for it on your smartphone.

Purposely Vague: This was once a very good quick read. I felt like most of the recommendation wasn't earth shattering news, however it did strengthen a few of the rules that I already had approximately parenting, that's nice. even though as a few reviewers pointed out this book is geared in the direction of the affluent, there's nonetheless recommendation that may be utilized to non-financial indulgence.

Michelle Wilkes: i believe it's so very important it doesn't matter what their fabric possessions or wealth are - that my teenagers have an appreciation for what quite issues and they needless to say they are going to continually be round those who have extra and people who have less. they should comprehend their viewers and cost difficult work.

Anna: suggestion provoking. i do not accept as true with every little thing within the book, however it is definitely written. The case examples are great. fascinating standpoint on adolescence in modern culture. This ebook has inspired me to consider what I supply my children, what they provided to young ones round them, and the way the assimilate sophisticated (and now not so subtle) messages to accomplish and behave in our society.

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