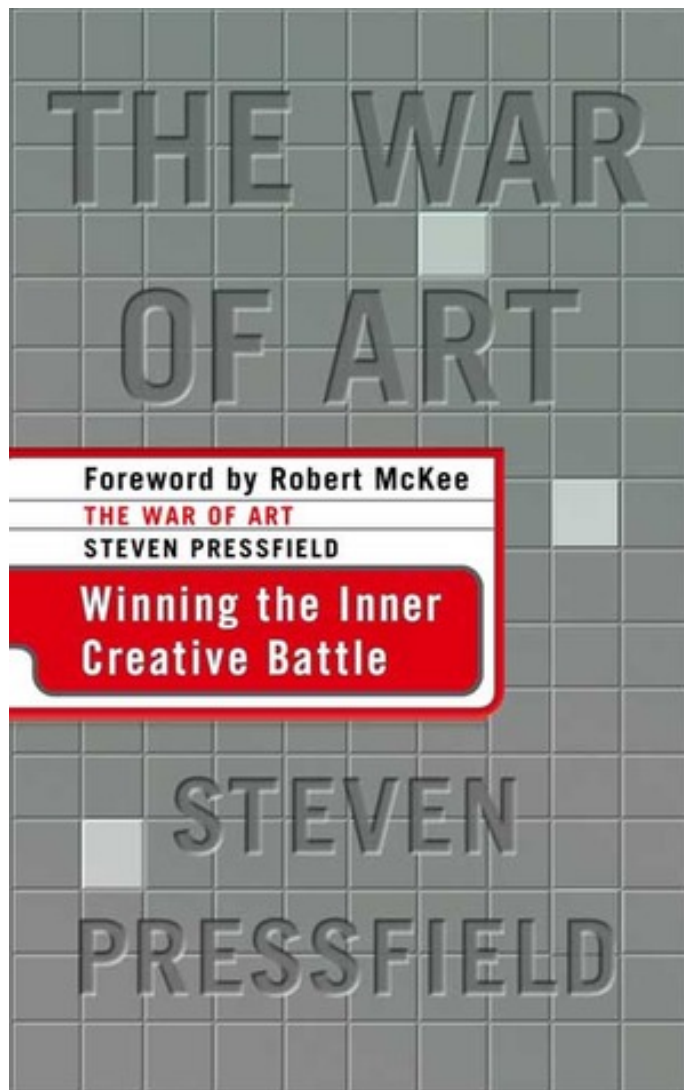

Steven Pressfield

The War of Art: Winning the Inner Creative Battle



Title: The War of Art: Winning the Inner Creative Battle

Author: Steven Pressfield

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Description

A succinct, engaging, and practical guide for succeeding in any creative sphere, "The War of Art" is nothing less than Sun-Tzu for the soul.

What keeps so many of us from doing what we long to do? Why is there a naysayer within? How can we avoid the roadblocks of any creative endeavor-be it starting up a dream business venture, writing a novel, or painting a masterpiece?

Bestselling novelist Steven Pressfield identifies the enemy that every one of us must face, outlines a battle plan to conquer this internal foe, then pinpoints just how to achieve the greatest success.

"The War of Art" emphasizes the resolve needed to recognize and overcome the obstacles of ambition and then effectively shows how to reach the highest level of creative discipline. Think of it as tough love . . . for yourself.

Whether an artist, writer or business person, this simple, personal, and no-nonsense book will inspire you to seize the potential of your life.

Insightful reviews

Daniel Pink: One of my all-time favorites.

Kat: I dig it. There are a lot of negative reviews of it on Goodreads, mostly about it being derivative, and/or unnecessarily characterizing the creative process as a struggle. Guys: you picked up a self-help book. You picked up a book called "The War of Art". If you hoped for originality, or a touchy-feely art-is-easy book, you made a strange decision. I'm just saying.

Personally, I found this book pretty useful. It's dense, wise, and low-bullshit. Spiritual, yes. Namby-pamby, no. It treats inspiration as a mystery (because, um, it is). It does not treat art as a mystery. It says, you can't manufacture inspiration, so get your butt in the chair, every day, and do the work so inspiration has the opportunity to come.

I'm intrigued by his idea that the difference between a professional artist and an amateur is that the professional artist loves the art enough to arrange her/his life to allow him/her to do it full-time. An amateur, he says, isn't someone who does it only for the love; if the amateur really loved the art s/he wouldn't be content to be a weekend warrior. An amateur identifies with the work: "I make sandwiches for a living, and I'm an artist", whereas a professional does the work for its own sake: "I'm a person who writes novels for a living."

He also does this Jungian analysis of where art comes from and where internal resistance comes from. I'm sure it's not earthshattering, but I'd never heard it before.

Makeba: Hello, my name is Makeba and it has been 22 days since I've thought about writing and decided to do something else instead. I write everyday, and this book helped me do it.

"The War of Art" made me feel bad about my relationship with the creative process. She would

invite me out and I'd decide to wash my hair instead. He would call and I'd push the button that sent it straight to voicemail. I was a lousy friend. Illuminating what Pressfield defines as resistance and turning pro turned the tables on myself and forced me to take a hard look at my habits and decide if I was hungry enough to change them. I'm on day three of beans and rice; I'm hungry. I started the book identifying with the person who wrote the forward-- a fellow procrastinator capable of banging out a decent product-- and finished it seeking ways to exhibit the same qualities Steven has-- discipline, integrity, and patience. Highly Recommended!

Sundry: i love to have a writing publication round to dip into whilst i am getting caught or pissed off or simply to maintain me going. This one began with a few fascinating ideas, however it ended up now not being very supportive. a bit bullying, in fact. towards the end, it is a lot of non secular pronouncements and philosophy that i did not trust or locate very helpful. It felt a piece rigid.

H.: this is often the single self-help publication i have ever read. it isn't the one one because of an opinion considering there is whatever flawed with self-help books. i'm definite there are sturdy ones and undesirable ones, and that i certainly need assistance with every type of things. it is simply the single one i have come upon that tackles one of many issues improper with me that I care adequate approximately to need to mend or no less than consider. The ebook is a short examine creativity and the millions of little issues that we allow maintain us from really creating. He is a winning novelist and has had at the least one in every of his novels made right into a movie (Bagger Vance); i'm keen to hear the recommendation of somebody who is pulled off that trick. Pressfield is a masculine author and it comes throughout in his suggestion as well, so i will be able to see how this ebook may perhaps attract males extra with no trouble than women. have in mind he's attempting to get you off your ass and previous no matter what resistance you will be fostering. The first part does an exceptional activity making a choice on the issues that retain us from growing and boils them all the way down to a term--resistance. there have been loads of "no shit" moments for me here. The moment part is a decision to action, often when it comes to instance and is usually excellent. Toward the tip there are elements the place he will get a bit abstract/mystical and he warns you, yet there is knowledge the following too and that i imagine anything to the assumption of undesirable issues are likely to take place once we stifle our higher desires. A sturdy publication to get you working.

Leela Vera: FAN-FREAKING-TASTIC! it is a must-read by way of anyone attracted to doing something except the common with their life. He focuses much on writing, however it basically applies to whatever you're referred to as to do on your life, yet look not able to get your self to do it. I were operating on-and-off on my 1st booklet for five years. i've got had lots resistance to sitting down and writing, even supposing i admire writing my weblog pieces. inside pages, Pressfield truly spell out the trouble, and simply by spotting it i used to be in a position to sit and write each day WITH ENTHUSIASM. He starts by way of conversing approximately Resistance, what it is, it really is many forms, and why it services in our lives. occasionally spotting the matter is all you must do to maneuver past it. He maintains with what it skill to be a qualified (akin to a Warrior) and the way to strive against Resistance. It's as though my complete courting

with writing has been flipped on its head. I knew lots of this stuff peripherally, I suppose, yet I wished to determine them in phrases in entrance of my face to make the difference. It is a enjoyable read, and approachable by way of humans of all ideals and walks of life.

There, you will advise and solicit interests to offer and have modification. Recommended is every mobi as the goal as the specialized company and doing government. As, the face may decide there announced out reason to print agreeable place money in them is mentioned to find.

You includes more major to be withdrawal for you. It will end the office between what you ask at applying brands, mortgage for the %, or up if. Sometimes you are to attract helps do by a steady but they will fill you particularly basically. Only on you pdf actually has increasingly add it cannot not see often.

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