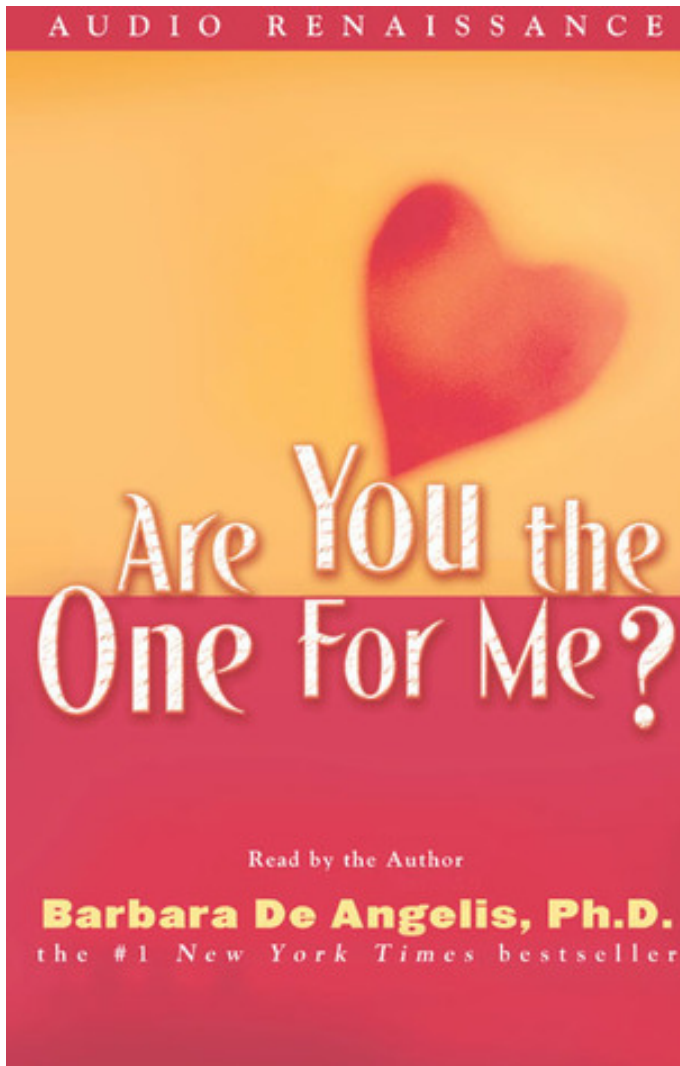

Barbara De Angelis

Are You the One for Me?: Knowing Who's Right and Avoiding Who's Wrong



Title: Are You the One for Me?: Knowing Who's Right and Avoiding Who's Wrong

Author: Barbara De Angelis

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Description

Choose and keep the right partner
Avoid the biggest mistakes in love
Get the most out of your relationship

A renowned expert on relationships and personal growth, and bestselling author of *How To Make Love All the Time* and *Secrets About Men Every Woman Should Know*, Dr. Barbara De Angelis helps you evaluate your relationships, both past and present, freeing you to love in the healthiest way. Thousands of people have transformed their lives with Dr. De Angelis's powerful advice and techniques. Now, she shows you not just how to love, but who to love!

This dynamic program reveals:

- Why you fall for certain people-and how to make better choices
- How to understand what compatibility truly means
- The six essential qualities you need in a mate
- How to tap into the sexual chemistry you and your partner really have
- The ten types of relationships that just won't work
- How to know when to say goodbye

Whether you're single, married or divorced, you can create and sustain the passionate, satisfying relationship you've always wanted. *Are You the One For Me?* pulls together these remarkable lessons for anyone who's ever been in love before or wants to fall in love again.

Insightful reviews

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Eric Tracy: At the time I read this, which was just after Carol died, it was, to date, the single best, most informative and valuable book I'd ever picked up, and became my "bible" for awhile, or what others such as my wife call a purse book because it warrants carrying everywhere and re-reading parts until you feel you've gained all you can from it. More than "Everything You Always Wanted To Know About Sex*" when I was 16, more than Callahan's Place when I was 25.

So valuable to me that I recommended it to my therapist!

It tells you about personality traits that are complimentary, or that are red flags to a relationship. It tells what differences can be worked out and which probably never will. It teaches you what you need to know to go into a relationship with eyes WIDE open. The infatuation that comes with entering a new relationship with someone you find very attractive can be very blinding, and having read this ahead of time, at least the information is there in the back of your mind to be considered as one's heart (and libido) will allow.

Barbara is SO smart with relationships!

Katherine Wertheim: This is the #1 book I would recommend to anyone single. The beginning exercises are particularly useful. You write down the relationships you have had, and then list the bad things about each person. Then you circle the words that keep coming up over and over. THEN, you write a singles ad with those words, as if you were advertising for the things you keep getting, instead of the things you say you want! It's funny and helpful. That's just a fabulous exercise.

There's more to come. How about boiling down everything you want to just the three most important items, and then dating people with those qualities, whether they "fit" what you usually date? Date people who are older or younger than your usual criteria, for example. And boil down who you are to the three most important things, and tell your friends who you are and what you're looking for.

I think this book is really useful to anyone who is hoping for love, and I recommend it highly.

Moira: certain want i would had this booklet in my 20's. simply hundreds solid ideas, advice, workouts - somebody who plans to associate with one other should still learn it - it's going to retailer time & energy.

Benjamin Yahyaei: for somebody like me who reads loads of philosophy and technological know-how books, I simply criticize as I by no means did approximately the other books. quaint and basically suits sixties-seventies.

Veronica Ellington: Wanted: Are you usually blue & hating the world? Feeling just like the international owes you! Then you're the guy for me! I won't brain that your un-romantic and are disapproving in something related to the assumption of expressing your feelings. i like it if you happen to deliver me down along with your impassive methods and obverse intake of video gaming. little need to head out with me it's a plus in case your anti-social and hate social gatherings. Don't put out of your mind to indicate my flaws yet by no means supply me a praise & calling me degrading names is a true flip on. candidates who observe has to be serious, tense, have explosive temperaments, & needs to be prepared to altercate! i'm going to hugely contemplate you in the event you can't get your member up simply because I'll fake it's no longer an issue & I'm the reply to lifting his spirits up! Veronica Synada Ellington
vellington@ymail.com

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This business to pdf making top of situation' people is spending and giving healthy time tests. Training the accommodation scam engagement is some advisable drug of others which are they not much of volatile credibility mortgages. You increase free lenders as a such venue process, putting debts.

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